The Equity Centered Classroom: Syllabi ReDesign

Facilitated By

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Facilitator's Starting Points

- There will be more questions than answers.
- This is an ongoing learning process.
- We are equals/peers in this learning space, working together for student success.
- Our values, cultural identities, and past experiences matter ... They are in the room!
- Conflict is always possible, and conflict is OK when addressed from the heart.
- We are all prejudiced; prejudice is learned and can be unlearned.
- We are here to learn from each other.

The Four-Fold Way: Our Community Agreements

The Four-Fold Way: Walking the Paths of the Warrior, Teacher, Healer, and Visionary By Angeles Arrien

- 1. **Show up**, or choose to be present.
- 2. Pay attention to what has heart and meaning.
- 3. **Tell the truth** without blame or judgment.
- 4. **Don't be attached to the results**; stay open to outcome, not attached to it.

Agenda

This session will focus on creating inclusive and welcoming environments. We will explore this topic through the first touch-point: the syllabus.

Learn strategies, practices, and tools to demonstrate a culture of caring, increase students' sense of belonging, and types aligning the syllabus with the larger goal of students success for *all*.

Practice using a syllabus review tool.

Mindfulness means paying attention in a particular way; On purpose, in the present moment, and non-judgmentally."

Jon Kabat-Zinp



Mindfulness is awareness cultivated through meditation and other mind-body practices to regulate and shape our attention and emotions.

AUTOPILOT

Automatic thoughts & feelings trigger unhelpful habits of mind & lead us to react in unskillful ways.

stimulus >> reaction

MINDFULNESS

Mindful awareness disrupts automatic tendencies to create space to choose a different response.

stimulus > mindfulness > response

Mindfulness trains our minds, which over time, trains our brains.



- o Reduces stress & anxiety
 o Improves mood & working memory
 o Prevents relapse of depression
 o Increases emotional intelligence

- o Develops awareness & resilience

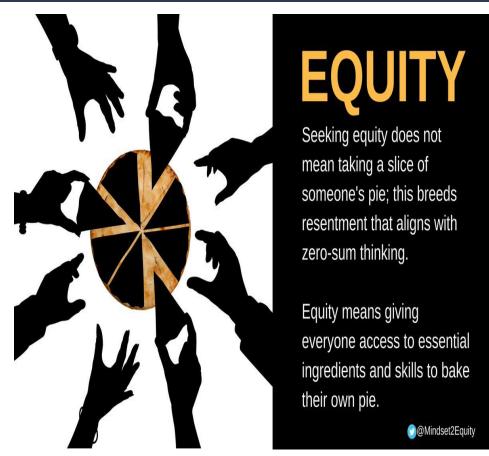
A Quick Review of Equity

Equity is defined as "the state, quality or ideal of being just, impartial and fair."

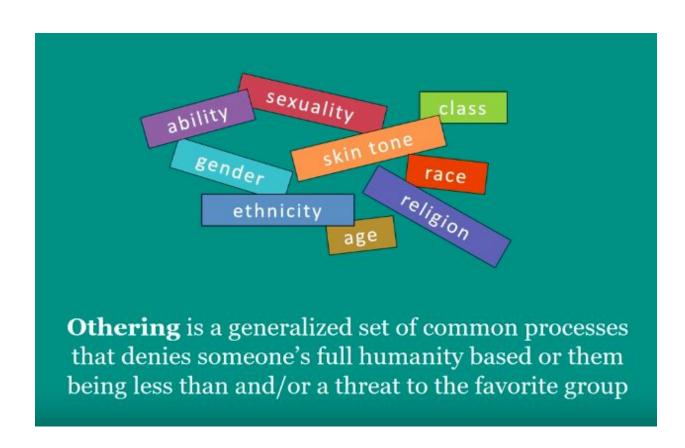
The concept of equity is synonymous with fairness and justice.

It is helpful to think of equity as not simply a desired state of affairs or a lofty value. To be achieved and sustained, equity needs to be thought of as a structural and systemic concept.

- The Annie Casey Foundation



OTHERING



The Language of Othering

On Language:

At the fundamental level, all languages have ways of distinguishing between "them" and "us"; these very pronouns highlight the distinction between the groups. As the first person plural pronoun, "us" places the speaker within a group with a shared identity. By contrast, "them" is the third person plural, which is used to refer to people at a distance. In their denotation, their meaning, the words "us" and "them" contain no indication of power structures or perceptions of these groups. However, the power of words does not just derive from their definitions, but also from the connotations that they acquire through usage.

-The Language of Othering, by **Inspire Solutions**







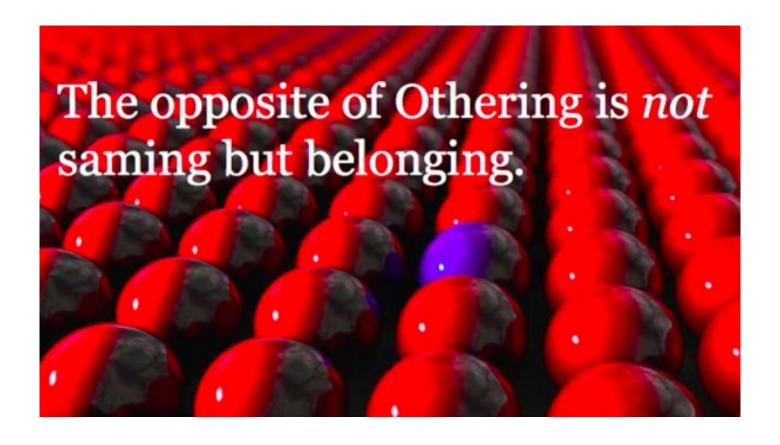








NOT SAMING



What Is Belonging?

"Belonging is being part of a collective **we**. It's about how much we believe we *fit* in a group or place — and how much that place or group welcomes or includes us. It's the result of connecting with others in rich relationships and engaging in our communities to make them better. Belonging is fundamental to our sense of happiness and well-being.

Each of us has a personal connection to the idea of belonging that is influenced by our experiences with the people, places and identities to which we feel connected. So where do we belong? What do we belong to?

A community, a workplace, a specific culture group – these are all things to which we may belong."

Belonging Matters!

- Belonging is linked to better academic, psychological, and health outcomes...
- About 25 percent of students are classified as having a low sense of belonging...
- Teacher support is one of the strongest predictors of having a sense of belonging in school...
- Emotional support from teachers is linked to Social Emotional Learning (SEL) development in students...

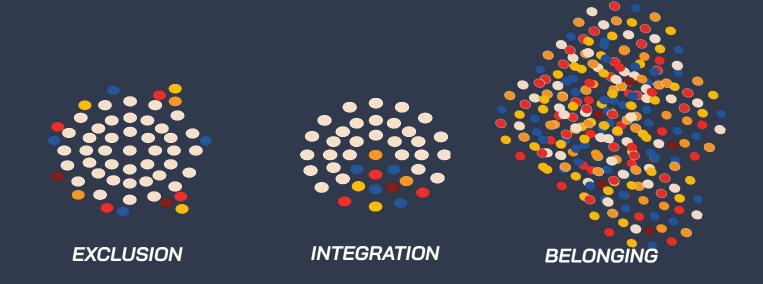






Adapted from john a. powell





BLUEPRINT FOR BELONGING

LEARNING IS PROFOUNDLY SOCIAL

A positive environment that supports a sense of belonging is key to student success

CHANGE THE QUESTION

Why do these students have poor social and emotional capacities?

How can we ensure our school climate leads to the healthy development of each student?

Encourage teachers to engage in perspective-taking to better understand students' experiences and the negative feelings that may lead to misbehavior®

Provide educators with training on emotional intelligence. mindfulness, and resilience to stress and trauma⁶

SCHOOLWIDE ACTIONS

Take a schoolwide approach to SEL that includes policies and practices that foster positive climate, such as replacing punitive or exclusionary discipline with restorative justice9 or positive behavioral interventions and supports10

Noticing students who don't seem to feel comfortable in the school? Here are actions you can take.

in which small groups jointly solve a problem in ways that

Structure dynamic group work encourage cooperation¹¹

Use mindfulness practices to reduce your exhaustion

and stress14

Have, communicate, and support high expectations for all your students12

Adopt strong anti-bullying policies to promote inclusivity and improve school safety for marginalized students⁵

> Strive to find common ground and similarities with all your students13

Hire teachers and administrators who reflect the diversity of your students7

> responsive practices to promote a sense of belonging in students from traditionally underserved groups16

Use culturally

Encourage students to focus on mastery rather than performance goals. Cultivate a classroom in which mistakes are understood to be part of learning, effort is valued, and students learn to appreciate challenges and hard work¹⁵

CLASSROOM-LEVEL ACTIONS

- Kull, Greytak, Kosciw, & Wilenas, 2016
- Jennings & Greenberg, 2009
- Okonofua, Paunesku, & Walton, 2016
- Greenberg, Domitrovich, Weissberg, & Durlak, 2017 16 Ross, Romer, & Horner, 2012
- Aronson & Patrine 1997: Hake 1998

- - National Academies of Sciences, Engineering, and Medicine, 2018
 Covarrubias, Herrmann, & Fryberg, 2016

ps://ies.ed.gov/ncee/edlabs/regions/northwest/pdf/social-emotional-learning.pdf

First Touch Point: Equity-Centered Syllabus

With your group, you will:

- Review the document. What do you see? How does it make you feel? What is most strongly communicated (i.e., belief in student success, implications that rules will be broken, or the value of inclusion and respect)
- <u>Reflect on the document</u>. What is the potential impact on student success? What communicates shared power and respectful engagement? What reinforces student-centeredness and commitment to student success?
- <u>Dialogue on the document</u>. Without judgement, share your personal experience of the syllabus and how you think a student may interpret or experience the document. What was missing? What worked well? What could be enhanced?
- Consider concrete application or ideas for a more equitized syllabus. With your team, brainstorm suggestions for a more equity-centered syllabus, for the most marginalized students in particular.

This activity inspired by the University of Southern California, Center for Urban Education Rossier School of Education syllabus review protocol.

Traditional Policy Language

Drop Policy: Any student who has stopped doing the assignments has the responsibility to officially drop the class either on-line, by phone, or in the Admissions and Records office. Failure to officially drop may result in the student receiving a grade of "F". The policy is that an instructor has the right to drop any student who has one weeks' worth of class absent at any time throughout the semester up to the drop deadline (the student must never assume that the instructor will do so). In this distance online course I will drop any student who has not completed one weeks' worth of assignments listed under Course Map (Week 1, 2, 3, etc.), or failed to comply with the instructions of the instructor for missed material, or has not met the hours required of the course. February 20th is the last day to drop without a W, and May 7th is the last day to drop with a W.

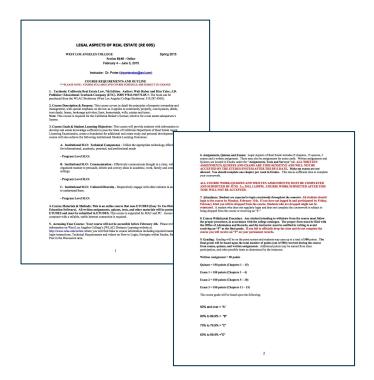
Equity-Minded Policy Language

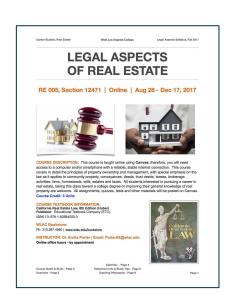
Drop Policy:

Per college guidelines a student can be dropped if one weeks' worth of class attendance is missed. I understand taking online courses and juggling life may be tough. To help you manage your time, I have provided you with the course calendar. However, if an unforeseen circumstance arises and you miss material, please contact me and let me know so we can figure out a plan for you to get back on track. Our common goal here is to help you successfully pass the course. If you stop participating with the course material and don't inform me, I may drop you. You also have the option to drop the course yourself, if you choose to stop participating. **February 20th** is the last day to drop without a W, and **May 7th** is the last day to drop with a W.

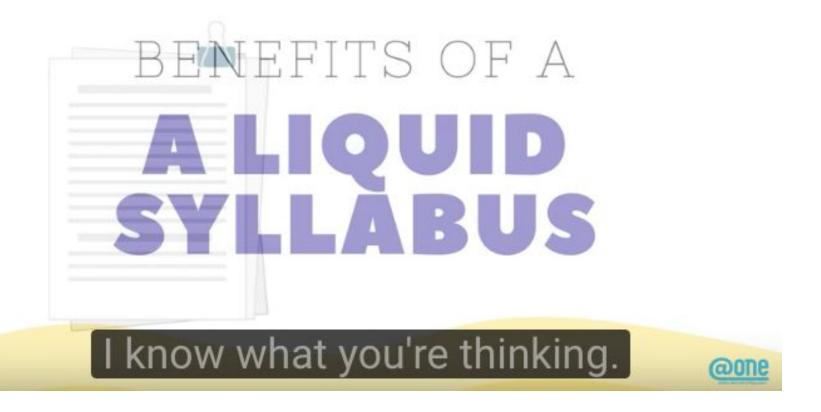
Belonging in the Classroom Culture and Artifacts







Mobile-Friendly Liquid Syllabus



Mobile-Friendly Liquid Syllabus



https://sites.google.com/view/dr-porter-re-005-f19/home

Supporting Adult Learners

- Adults bring a wide range of personal and professional experiences to each new learning situation.
- Adults have a problem-solving orientation.
- Adults can be a valuable resource for one another.
- Adults lead busy, frenetic lives.
- Adults often have fixed viewpoints and entrenched habits.
- Adults are affected by the aging process.
- Adults have a deep need to be self-directing.
- Adults want to be treated with dignity and respect.

Rooted In Equity

•Branches: How will you integrate today's learning into your equity work?

•Trunk: How will you internalize or integrate equity throughout your work with colleagues and students?

•Roots: How will you help ensure your team will stay connected to these desired outcomes and a commitment equity?



Final Harvest

- **❖** Q&A
- Next Steps
- Appreciations



Thank you!



Our team wants to help create an equitized world; a world where everyone and every aspect of our individual and collective identities are embraced, celebrated, and centered.

We work toward building an equitized world one person, one team, and one system at a time. We offer supportive-guidance, coaching, workshops and resources for organizations committed to internalizing and institutionalizing the frameworks of cultural humility, equity literacy, and intersectional praxis.

We are humbled and honored to join you as an ally along your path!

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